

2018 IMPACT REPORT



Thousands of Lives Changed

50

Back-up

Recovery

Family

Lift

Champion

Story

Encouragement

Mental Health

YEARS OF SERVICE & SUPPORT TO OUR COMMUNITY

In 2018, Montgomery County Alcohol, Drug Addiction & Mental Health Services celebrated a very special anniversary—our semicentennial.

This Impact Report is a snapshot of the 2018 initiatives, which contributed to our 50 years of mental health and recovery services planning, funding, convening and leadership on behalf of the more than 500,000 diverse community residents. Our education and outreach, supportive programming and innovative technological advances in 2018 demonstrated our commitment to ensuring accessibility to behavioral health services for all the people who need them.

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2018 MEMBERSHIPS INCLUDE:

The National Council for Behavioral Health
Community Anti-Drug Coalitions of America
Grant Professionals Association
Ohio Association of County Behavioral Health Authorities
Statewide Prevention Coalition Association
Alcohol and Drug Abuse Prevention Association of Ohio
Dayton Area Chamber of Commerce

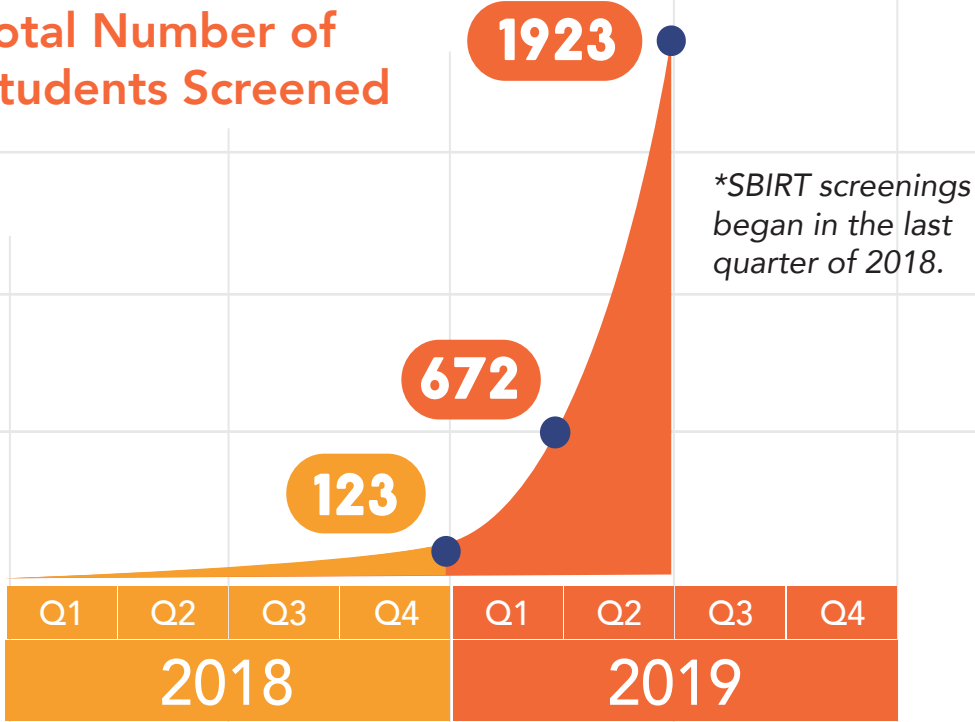
SPECIAL THANKS TO

Special acknowledgment to County Commissioners Deborah Lieberman, Judy Dodge, and Dan Foley for their support in advancing the behavioral health and wellness of Montgomery County.

FOCUS ON PREVENTION

Early intervention services are critical for middle school and high school students who may be at risk of developing a mental health or substance abuse problem. A free approach is offered by ADAMHS, known as Screening, Brief Intervention and Referral to Treatment (SBIRT). With the assistance of ADAMHS partner Samaritan Behavioral Health, six school districts screen school-aged children for alcohol, drugs, depression, and anxiety.

Total Number of Students Screened



THE POWER OF PREVENTION

The Montgomery County Prevention Coalition was formed to mobilize prevention specialists and community leaders to prevent substance abuse and promote positive mental health. Through the implementation of evidence-based prevention strategies and community collaboration, we envision a community where

every individual lives a substance-free life with optimal mental health. The Coalition has developed extensive online toolkits about talking to student athletes about marijuana, safely storing marijuana as medicine and, it conducted an environmental scan to gauge the community's accessibility to purchase tobacco and marijuana paraphernalia items.

CHILDREN'S MENTAL HEALTH MATTERS

Suicide is the third leading cause of death nationwide for youth between the ages of 10 and 24, and resulted in approximately 4,600 lives lost each year.

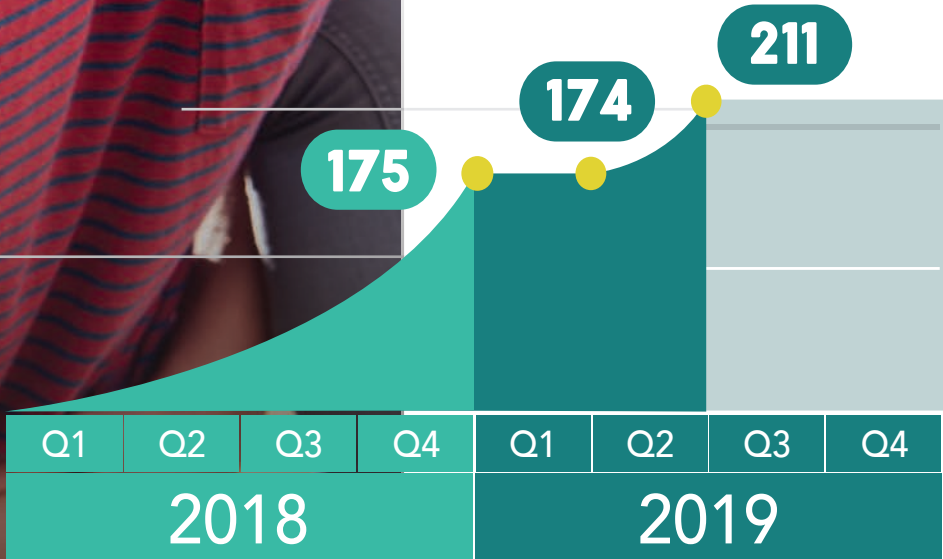
In response to the high rate of suicide in Montgomery County, a program focused on the prevention of youth suicide was implemented at the Stivers School for the Arts. The Signs of Suicide Prevention Program (SOS) is designed for middle school and high school students to raise awareness about depression and suicide while providing students with a brief screening for depression. Over 700 students participated in the program, and 88 students were referred to treatment.



over **700**

students participated in the program, and 88 students were referred to treatment.

Total Number of Students Who Reported a Change in Beliefs and Attitudes Toward Mental Illness and Symptoms of Depression



COMBATING THE OPIOID EPIDEMIC

The enactment of the
**21st Century Cures Act
& the Comprehensive Addiction
& Recovery Act (CARA)**

endorsed by our local Congressional delegation
should be commended.

In addition, efforts to change Medicaid’s Institution
for Mental Disease Rule (IMD) allowed substance-
abuse treatment reimbursement at facilities with
more than sixteen beds, is something that has
proved to be invaluable.

ANTI-OPIOID RELATED INVESTMENTS

	2016	2017	2018
Ambulatory Withdrawal Management	\$ -	\$379,508	\$476,788
Criminal Justice Services	269,315	605,021	715,831
Information/Education	4,040	128,064	100,405
Naloxone	237,280	280,559	278,439
Opioid Intervention Crisis Services	-	503,000	662,421
Prevention Programming	593,655	708,672	469,851
Recovery Housing Capital	-	359,700	643,695
Recovery Housing Operating Subsidies	102,822	178,379	189,707
Residential Withdrawal Management 24/7 Access	-	216,603	215,200
Treatment Claims Paid through ADAMHS	3,272,588	3,815,014	3,171,236
Treatment Claims Paid through State Medicaid	13,006,554	13,318,361	14,547,699
Total Anti-Opioid Related Investments	\$17,486,254	\$20,492,881	\$21,471,272
Increase from Prior Year		\$3,006,628	\$978,391

23%↑

increase in total anti-opioid related investments from 2016 to 2018.

\$2M

in CARA grant funds were used to increase the availability of naloxone to treat overdoses.

\$1,370,605

was received in Cures federal funding over the course of two years to fight the opioid epidemic.

The dollars were utilized for:

- 24/7 ambulatory detox
- Community based treatment teams
- Outreach services
- Additional recovery home beds
- Care management services at Promise to Hope

RECOGNIZING COMPASSIONATE TEAMWORK



Community Overdose Action Team (COAT)

COAT's collaborative efforts helped to reduce overdose deaths by 49% since 2017.

ADAMHS Associate Director Jodi Long co-leads the COAT Backbone Branch, which is responsible for directing all initiatives.

Some specific ADAMHS contributions to COAT included:

- Expanded capacity in eight existing recovery houses
- Emergency room overdose notification outreach services
- Community education about the GetHelpNow app

ORGANIZATION AWARD

2018 Champions of Public Health Awards
Presented by The Ohio State University College of Public Health

ACHIEVEMENT AWARD

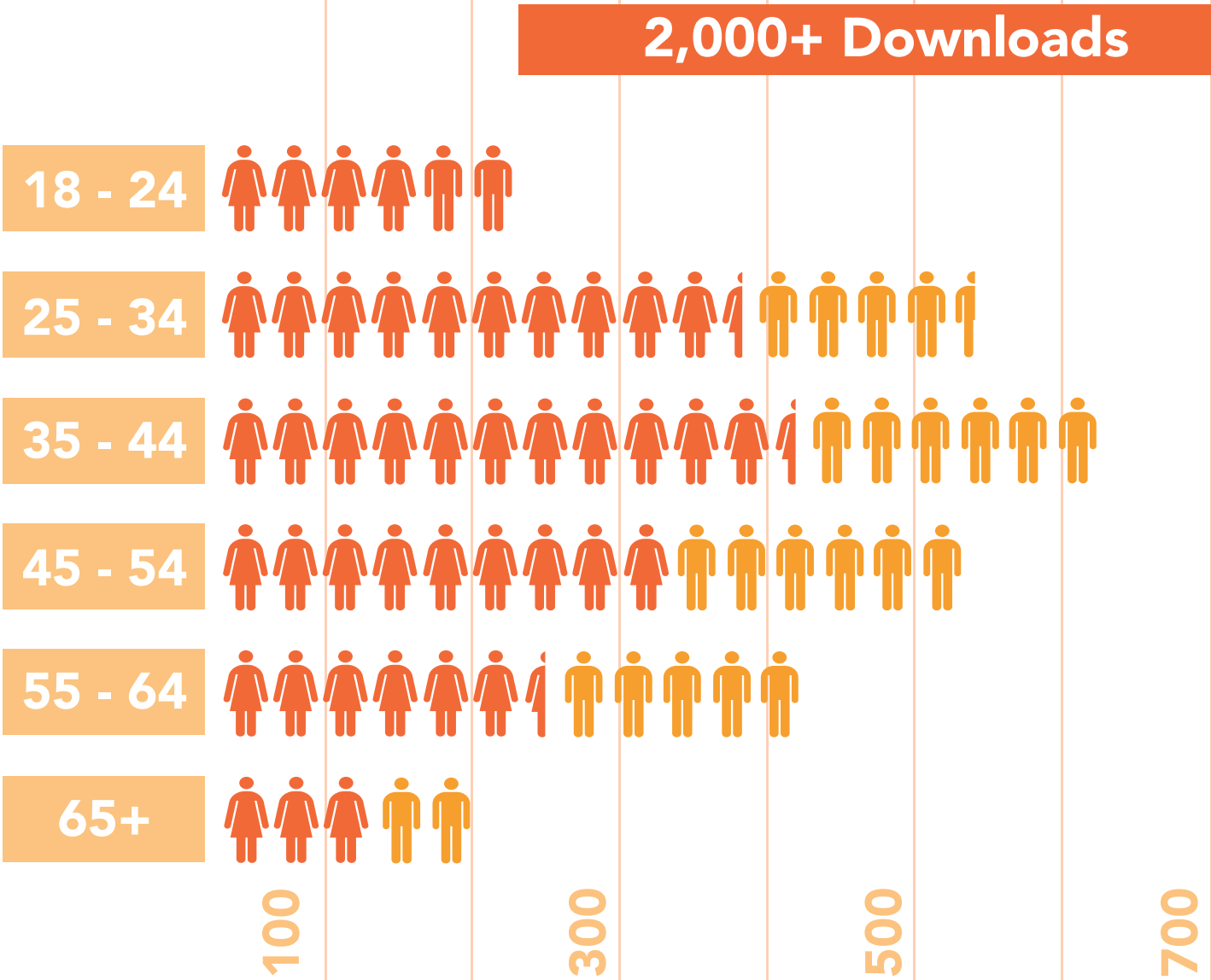
National Association of Counties



RECOVERY EFFORTS BOOST NEW APP

A new smartphone app was launched to provide an easy way to connect to mental health and addiction resources.

The GetHelpNow Montgomery County app provides information about the services offered by addiction and mental health treatment providers, gives directions from the user's location to services, and even the insurance and forms of payments that are accepted. This tool is available from the Android and Apple app store.





“

It has taken more than one resource to get me clean, and help me stay clean over the years. Those resources came from a variety of sources in our community. I believe this solidifies the evidence that when we work together as a community, as a family, we greatly improve our results.”

- Paul W.

RECOVERY HOUSING SUPPORT

Living in an alcohol and drug-free community of recovery is essential for people with substance use disorders.

ADAMHS-established recovery homes have proven to have tangible, positive outcomes by helping a person regain stability over the long-term. The quality of the recovery housing programs gives individuals a structured environment that offers peer support, employment support, and life-skills training.

The Recovery Alliance of Montgomery County (RAMCO), a group created to provide supportive services for the many roads of recovery, began working together to improve the recovery system. RAMCO is championed by ADAMHS and comprised of:

- Alco Aides
- Dayton Fellowship Club
- Families of Addicts
- Recovery Cafe Dayton
- West Side Club

RAMCO held a well-attended healthy recovery celebration at Wegerzyn Gardens MetroPark, made capital improvements to their individual facilities, and held educational and social events.



Peer Support
Employment Su
Life-skills train

BEHAVIORAL HEALTH JAIL-BASED SERVICES

Medical

Dental

Inmates
to Receive

Mental Health
Services



A NETWORK OF COMMUNITY SUPPORT

In 2018, ADAMHS served 30,740 citizens through our provider system of care by offering over 100 programs and supportive services for Montgomery County residents.

A FEW EXAMPLES:

Project DAWN

Recovery Housing

Project Save of Miami Valley

Law enforcement
naloxone repository

Forensic and civil
outpatient monitoring

Crisis Intervention Training for
law enforcement/dispatchers

Emergency Room Overdose
Notification System

Peer Recovery
Support Training

Mental Health First
Aid Training for
Adults and Youth

Wellness@Work Technical
Assistance Course

Faith-based Training for
substance use prevention

Individual, couples, family
and group counseling

Medication management
and medication
safety campaigns

Outreach programs for
the homeless mentally ill

Inmate re-entry into
the community

School based substance
use prevention programs

Suicide prevention

Outpatient detox

ADAMHS allocated \$984,000 to provide expanded medical and behavioral health services to inmates in the Montgomery County Jail.

Under the supervision of the Montgomery County Sheriff's Office, inmates were provided a full complement of healthcare services including on-site medical, dental and mental health services.

HERE'S TO 50 MORE YEARS OF PROGRESS

A Message to the Community

The Board of Trustees and the employees of ADAMHS thank you for celebrating our 50th anniversary with us.

Montgomery County ADAMHS was very excited to celebrate its 50th year of service to the community in 2018, not just because it marked a major milestone, but also because it prompted us to review the course of the last half century and consider how much still lies ahead for behavioral health. We made significant strides as a system, moving from institutionalization as a first line of thought, to a community-based continuum of care which has learned, to the extent possible, that people are best served within the context of health-supportive relationships.

We remain committed to improving access to care to make it real time and without barriers that get in the way of connecting individuals to needed services. We have developed

strong partnerships, and are moving toward full integration with healthcare as people begin to understand it is the brain that often causes physical illness and that it can be a primary source of recovery for illness.

Our commitment to helping people with mental illness and substance addiction guides our unwavering efforts to build strong partnerships with quality-focused, innovative, and compassionate providers. We work diligently to reduce stigma, and to offer forward-thinking programs and services that will navigate us through the next 50 years. Our promise to you, our community, is that we will continue to broaden our knowledge, lead with integrity, and bring healing to the thousands of individuals in our region who look to us for recovery.





H. Stanley Eichenauer (center)
Lifetime Achievement Award Recipient



Ron Will represents Joshua Recovery Ministries (center)
Exemplary Award Recipient



Cindy Heitmen (center)
Advocacy Award Recipient

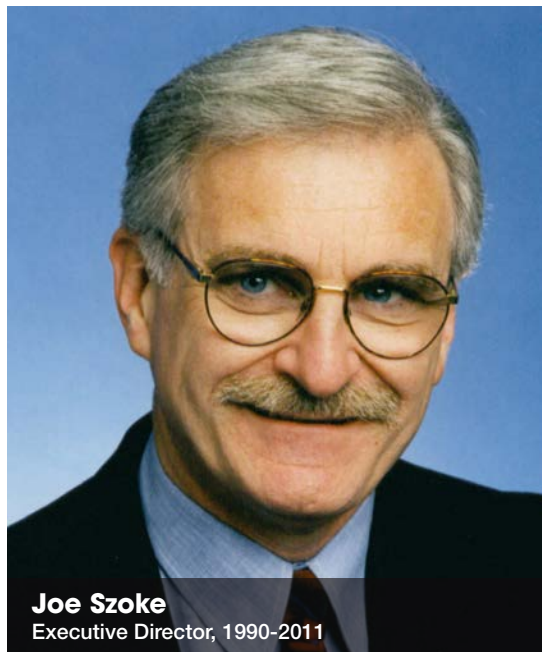


Jason Olsen (center)
Innovation Award Recipient



Kevin Hines
Speaker at the 50th Anniversary
Community Celebration Luncheon

50th anniversary guest speaker Kevin Hines shared his inspiring message of recovery after surviving an attempt to end his life by jumping from the Golden Gate Bridge. He urged everyone to reach out to anyone struggling with suicide ideation, even if you don't know the person. "If someone had looked at me on that bridge and asked if I was okay, then I would have begged for help," he said.



Joe Szoke
Executive Director, 1990-2011



Sheldon Tico Greene (center)
Hope Award Recipient

OUR HISTORY HAS SHAPED OUR TODAY

As the nation changed its approach regarding the care of mentally ill persons - from institutionalizing patients toward a community response, so too did Ohio's system of mental health care.

1968

Ohio established community mental health and mental retardation boards.

This was designed to focus care on community-based facilities and programs designed for prevention, treatment, and rehabilitation services.

1988

Major changes were underway when the community-based care system and the state institutional-based care system were integrated, and responsibility was given to the local Community Mental Health Boards.

1989

The local Community Mental Health Boards were given the responsibility for coordinating local alcohol and drug addiction programs, and renamed Boards of Alcohol, Drug Addiction, and Mental Health Services. Under Ohio law, the Boards of Alcohol, Drug Addiction and/or Mental Health Services are the statutorily-created agent with responsibility for ensuring that both services and facilities are available for the treatment of people with alcohol/drug addiction and/or mental illness.

9-1-1 MENTAL HEALTH

ADAMHS educates law enforcement about effectively interacting with people who may be having a mental health crisis. Nearly 400 officers have been trained from 22 departments, representing 29 percent of all sworn uniformed officers in Montgomery County.

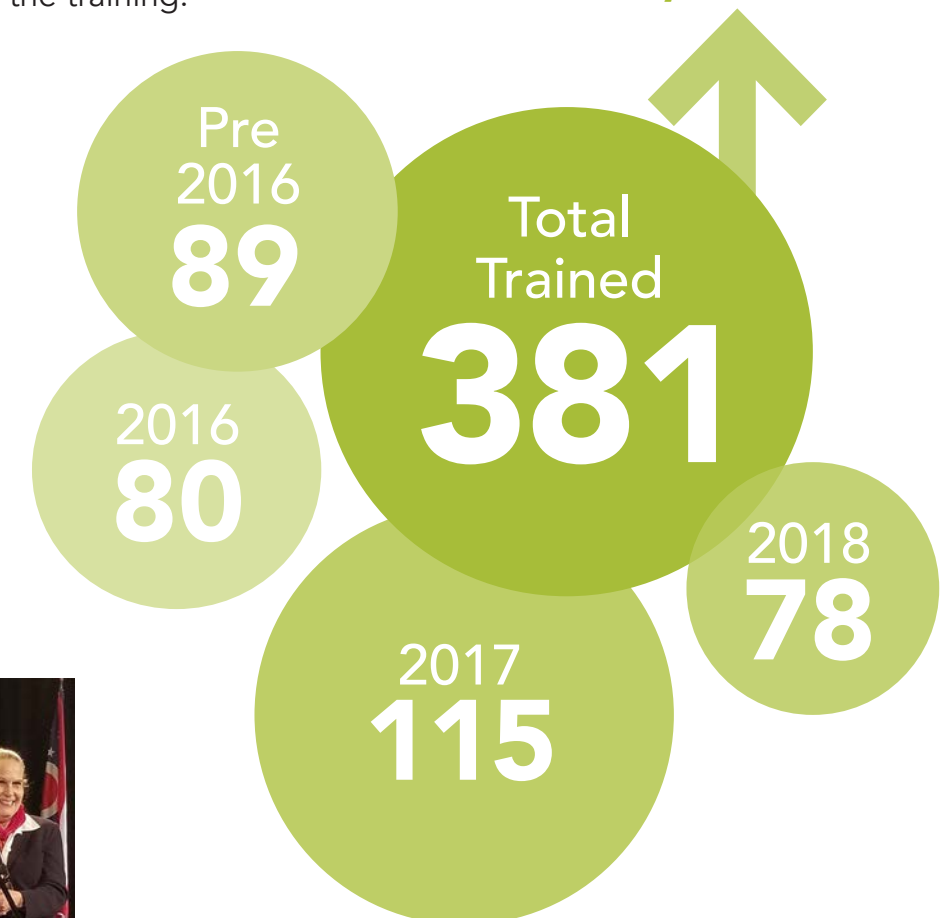
ADAMHS offers Crisis Intervention Training (CIT) to educate law enforcement and safety officers on effective interaction with individuals who may be experiencing a mental health crisis. A companion course to Crisis Intervention Training was introduced to provide dispatchers and call takers with the knowledge and skills necessary to identify a caller

experiencing a mental crisis and how to respond effectively. Training included understanding mental illness, an overview of the behavioral health system, how to gather helpful information for officers and verbal de-escalation techniques. Call takers from six law enforcement agencies completed the training.

29%
of all sworn
in uniformed
officers in
Montgomery
County



Call Taker & Dispatcher Class of 2018
Class 2 - Crisis Intervention Training



ADAMHS Associate Director Jodi Long (pictured left) was named Ohio CIT Coordinator of the Year and Vandalia Police Chief Kurt Althouse was named CIT Champion of the Year by CIT International.





“

One of the best trainings I have been to! It had my attention the entire eight hours. This course should be call taker 101!”

**- Montgomery
Co. Dispatcher**

ADAMHS INTRODUCED INNOVATIVE OVERDOSE ALERT SYSTEM

The Montgomery County
Emergency Room Overdose
Notification (MC-ERON)
System went live in August
2018, in partnership with
the Greater Dayton Area
Hospital Association.

Under this unique protocol,
behavioral health providers
receive an electronic
alert within 24 hours of
a suspected overdose to
connect (or re-connect) with
an individual to offer patient
engagement, outreach, and
treatment services.

If the person isn't ready or
willing to engage at that time,
follow up contact is made to
ensure the system is ready
when they decide to get help.





23%

of those receiving outreach services (face-to-face or phone) were (re) engaged in substance use disorder treatment services.

21%

individuals were able to be located by the providers.

52%

received phone outreach services.

60%

of people were identified as having no contact with a substance use disorder treatment provider in the last 12 months.

48%

received face-to-face outreach services.



ADAMHS' TRAINING INSTITUTE BENEFITS COMMUNITIES

Our Training Institute has become a regional hub for community behavioral health and professional education.

Diverse topics offered in 2018 included:

- | | |
|------------------------------|---------------------|
| Mental Health First Aid | Addiction Awareness |
| Prevention | Cultural Humility |
| Environmental Health | Self-Care |
| Trauma-Informed Care | Cultural Competence |
| Stress Management | Suicide Prevention |
| Crisis Intervention Training | Diversity |
| Workforce Development | Inclusion |

ADAMHS
Community
Training



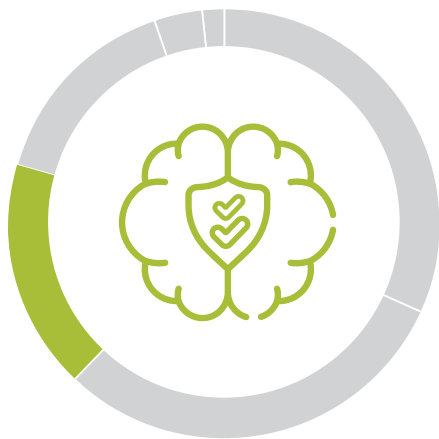
1,754

Mental Health
First Aid



1,686

Trauma-Informed
Care Trainings



965

Prevention
Trainings



840

Addiction/Substance
Use Training



193

2x

More Training Topics

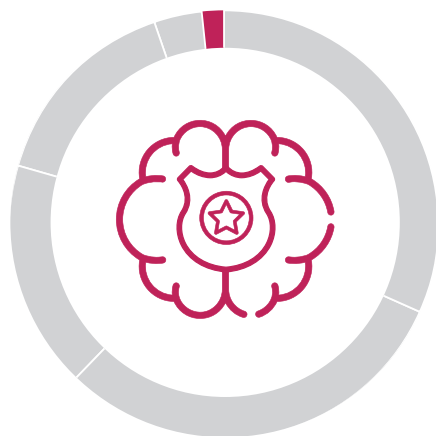
2x

More Instructors

ADAMHS is proud to be able to offer Continuing Education Units (CEUs) hours for counselors, social workers, prevention specialists, and chemical dependency counselors. In addition, 11 ADAMHS professionals were certified as Mental Health First Aid Instructors from the National Council for Behavioral Health.

Employees, Jennifer Cox and Rochele Burnette are national corporate Mental Health First Aid instructors. Cox, a National Mental Health First Aid Trainer, was named a Top 100 Instructor in the USA by the National Council of Behavioral Health.

**CIT
Academy**



88

**Total
people
trained
5,526**

EMPLOYMENT IGNITED CHANGE IN RECOVERY METHODS

ADAMHS began a partnership with Ohio's Bureau of Workers' Compensation to implement a new Recovery Workforce program for employers in Montgomery County.

Our Training Institute has become a regional hub for community behavioral health and professional education.

“

...Nine months ago, I had no reason to live and I had nobody there to help me or care for me. I'm now clean and sober and have my family, my kids, but most of all I got myself back because of the help I received.”

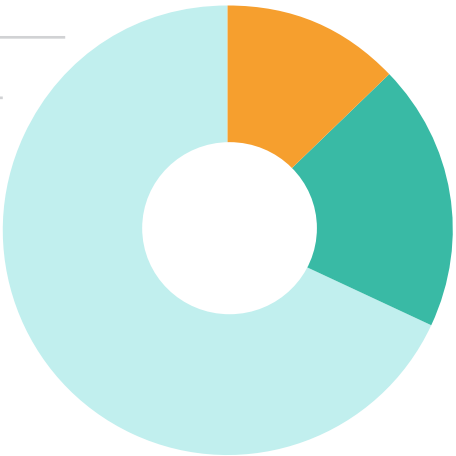
- Andrew A.



FINANCIAL SUMMARY

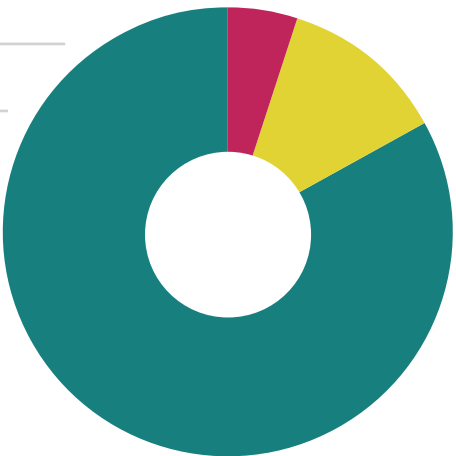
Revenue

Federal Funds	13%
State Funds	19%
Human Services/ Levy Fund	68%



Expenditures

Capital Outlays/ Recovery Housing	5%
Board Operations	12%
Contracted Provider/ Direct Services	83%



REVENUE

Federal Funds	\$4,933,256
State Funds	\$7,028,179
Human Services Levy/Local Funds	\$25,323,103
Total Revenue	\$37,284,538

EXPENDITURES

Board Operations	\$4,618,185
Providers	
- Housing and Residential Services	\$11,386,951
- Treatment	\$8,398,233
- Supportive Services	\$2,404,950
- Prevention	\$2,052,583
- Juvenile Justice Caring for Kids - General MH	\$1,166,253
- Jail and MH Assessments	\$842,000
- Employment Services	\$804,028
- Hotline	\$621,246
- Guardian and Payeeship Services	\$532,710
- Central Pharmacy	\$298,904
- Forensic Monitoring and ACT Services	\$230,563
- Other	\$2,125,019
Total Providers	\$30,863,440
Capital Outlays (Federal and State grants)	\$1,802,913
Total Expense	\$37,284,538

“

Recovery is a gift. If it wasn't for the addiction resources in this community, I wouldn't be the woman I am today.”

- Jan S.



937.443.0416

mcadamhs.org

f t @ mcadamhs

Member of the
Ohio Association
of County
Behavioral Health
Authorities



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